### WG1: Mushrooms & truffles

#### COST Action FP1203

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#### **COST Action FP1203**



European Non-Wood Forest Products (NWFPs) Network
2nd Workshop and 3rd Management Committee
Meeting

Working Group 1 session - Mushrooms and truffles

**Portuguese Mushroom and Truffles - Actual situation** 

Celeste Santos e Silva
Universidade de Évora ICAAM
Portugal



Krakow, Poland, 20 February 2014

Harvesting wild mushrooms and truffles was never a very widespread activity

Mushroom collectors were always members of rural populations
Wild mushrooms were traditionally picked for self-consumption











No authorization or certification was required

Over the past two decades, mushrooms picking for commercial purposes has increased considerably.

The vast majority of harvested mushrooms are directed towards foreign markets

Species most regularly collected are:



















### Although art. 1276 and 1311 from Civil Code, forbids picking wild forest products on private property...



## ...mushroom picking is still done without the minimal control



Few studies about edible mushrooms natural production and

difficulties to quantify business volume

(illegal harvesting and commercialization)

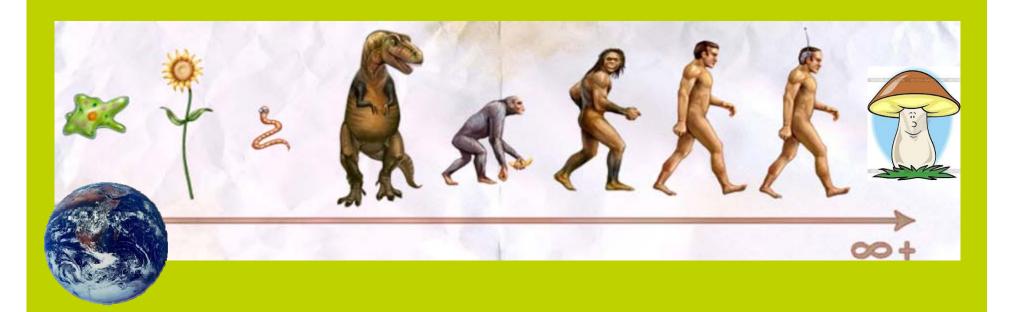


# Approximately 500-600 ton/year of edible mushrooms are picked

Corresponding to 3 millions of euros



- •Human health: Anyone can pick mushrooms to auto consumption and/or sale
- •Environment health: Indiscriminate and intense picking of some mushrooms species disregarding good practices
- •Economical health: Most land-owners do not profits with the mushrooms business



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### Mycological Research in Macedonia

- First data: Ranojevic (1909)
- Then follow: Sydow (1921) (works on Bornmuller's collection)

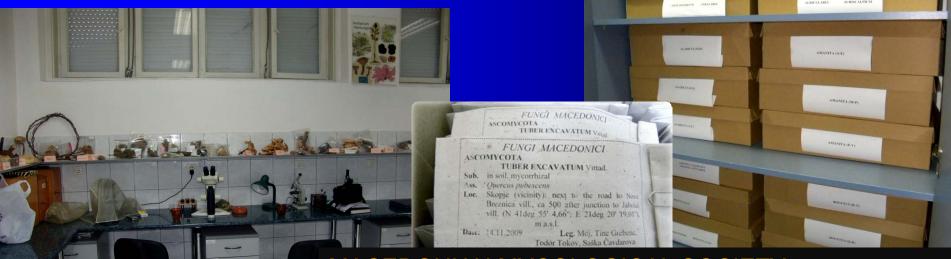
Litschauer (1939)

Lindtner (1938-1959)

Tortic (1975-1988)

Karadelev (1986 – to date)

- Intensive research from 1990 onwards
- Mycological Laboratory established in 2001, including
  - Mycological database MACFUNGI: >40,000 specimens
  - Macedonian Collection of Fungi (MCF): >20,000 specimens



MACEDONIAN MYCOLOGICAL SOCIETY www.macfungi.webs.com

# Current situation of MACROMYCETES

Types of fungi	Families	Taxa genera	Species
Ascomycota (without lichens)	48	83	250
Basidiomycota	54	312	1,870
Total	110	378	2,120

### TRADED SPECIES

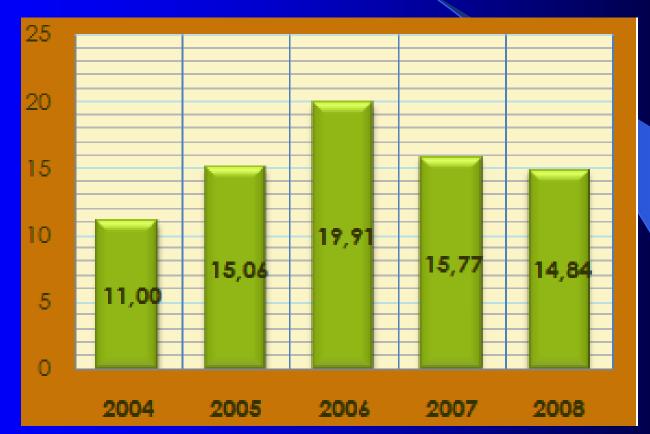
Species	Distribution	Uses	Markets
Amanita caesarea	European – wide	marketed species	traded
Boletus aereus	European – wide	marketed species	traded
Boletus reticulatus	European – wide	marketed species	traded
Calocybe gambosa	European – wide	marketed species	traded
Cantharellus cibarius	European – wide	marketed species	traded
Lactarius deliciosus	European – wide	marketed species	traded
Marasmius oreades	European – wide	marketed species	traded
Morchella esculenta	European – wide	marketed species	traded
Morchella conica	European – wide	marketed species	traded
Suillus granulatus	European – wide	marketed species	traded
Tricholoma terreum	European – wide	marketed species	traded

### (NOT YET) MARKETED SPECIES

Species	Distribution	Uses	Markets
Amanita rubescens	European – wide	edible but (not yet) marketed	picked as food but not necessarily threaten
Agaricus campestris	European – wide	edible but (not yet) marketed	picked as food but not necessarily threaten
Agrocybe cylindracea	European – wide	edible but (not yet) marketed	picked as food but not necessarily threaten
Armillaria mellea	European – wide	edible but (not yet) marketed	picked as food but not necessarily threaten
Coprinus comatus	European – wide	edible but (not yet) marketed	picked as food but not necessarily threaten
Macrolepiota procera	European – wide	edible but (not yet) marketed	picked as food but not necessarily threaten
Pleurotus ostreatus	European – wide	edible but (not yet) marketed	picked as food but not necessarily threaten
Pleurotus eryngii	European – wide	edible but (not yet) marketed	picked as food but not necessarily threaten
Tuber aestivum	European – wide	edible but (not yet) marketed	?

### Economical aspects

- Complete export orientation 95% from the production
- Wild MAPs/NWFP are exported mostly as raw material



The annual export of MAPs/NWFPs from 2004-2008 expressed in million US \$

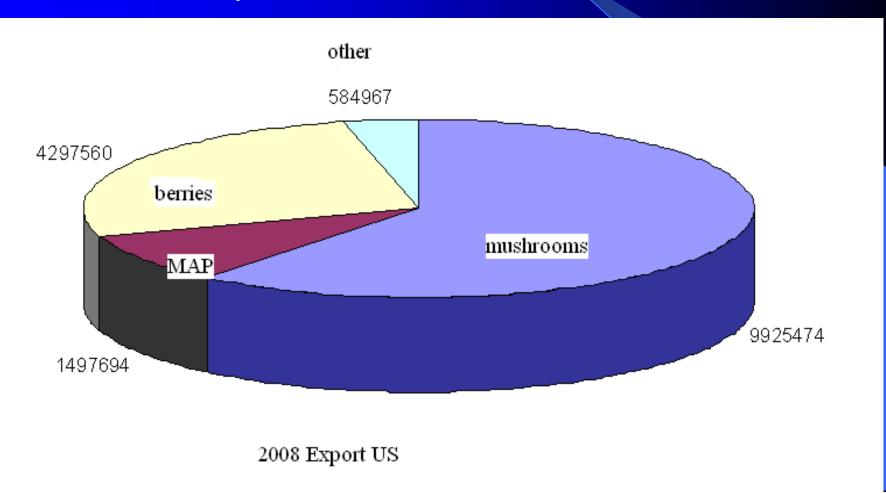
\* Source of information: Macedonian State Statistical Office

#### MAPs/NWFPs from Macedonia are mostly exported in

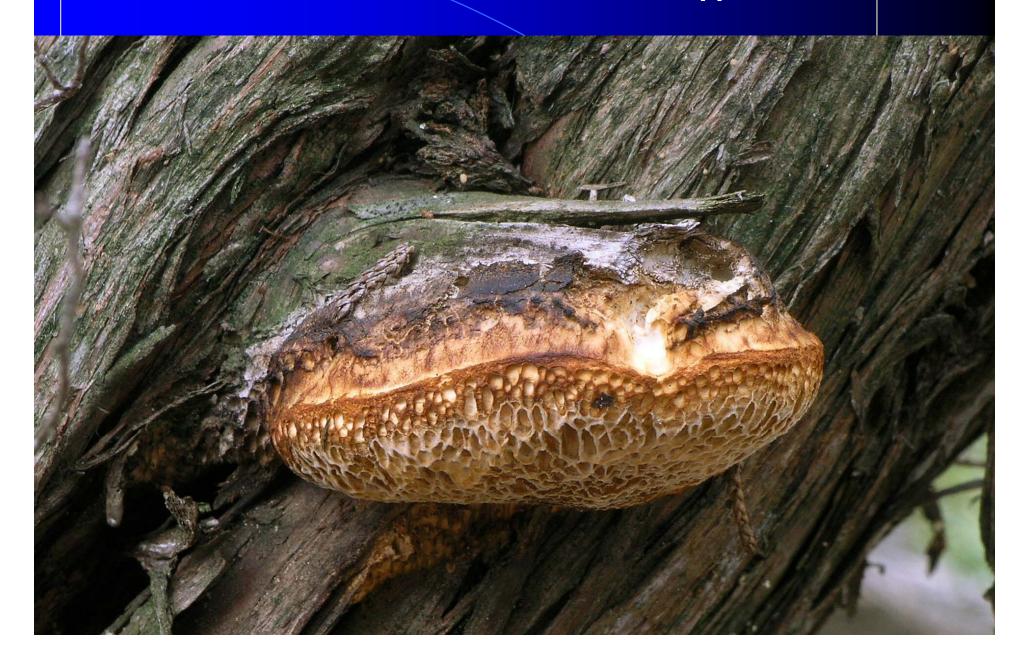


Distribution of the export of MAPs/NWFPs in 2008 expresses in million US \$

- Mushrooms represent more than 60 % of the total value of WGP exports
- Mainly from the genera Boletus, Lactarius and Cantharellus
- About 70 % of total mushrooms exports from Macedonia are dried, followed by frozen, in brine and fresh



### ANTRODIA JUNIPERINA : CR - C2a(i)

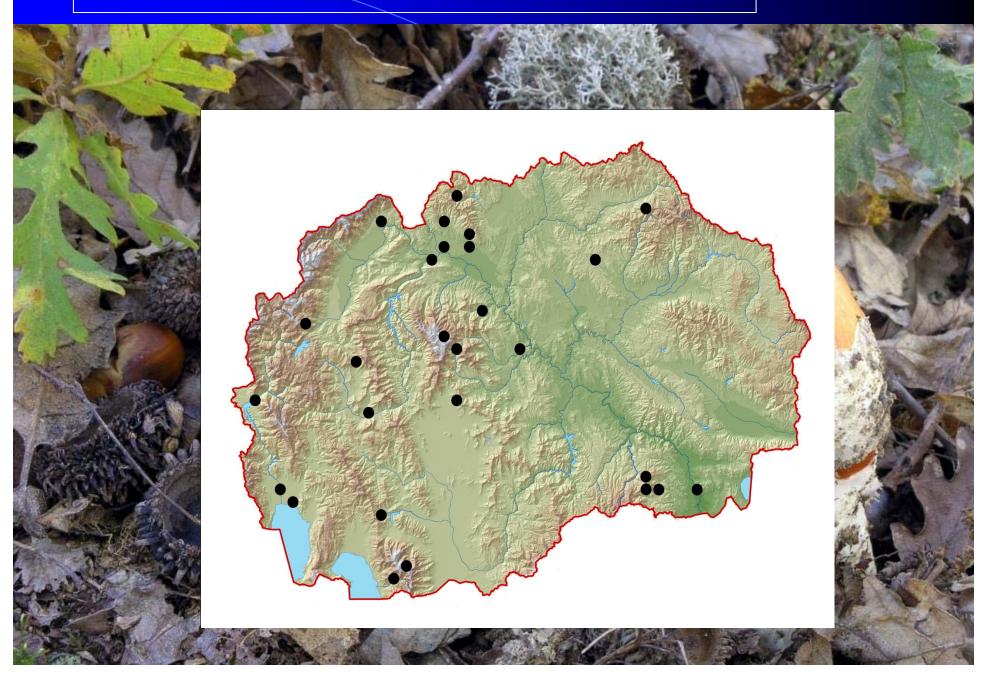




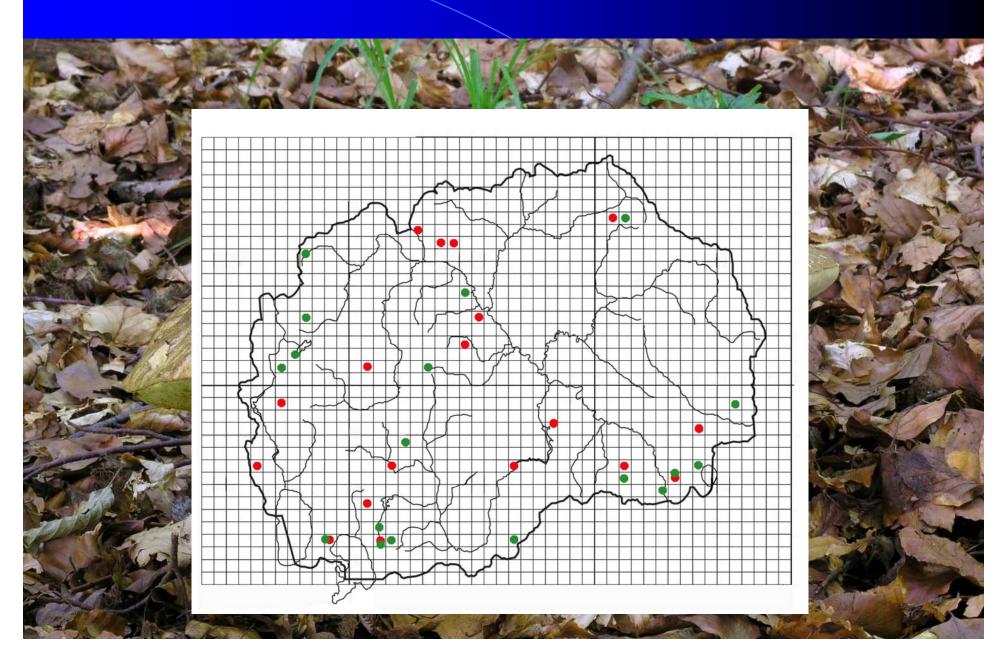
### Boletus regius : VU - C1



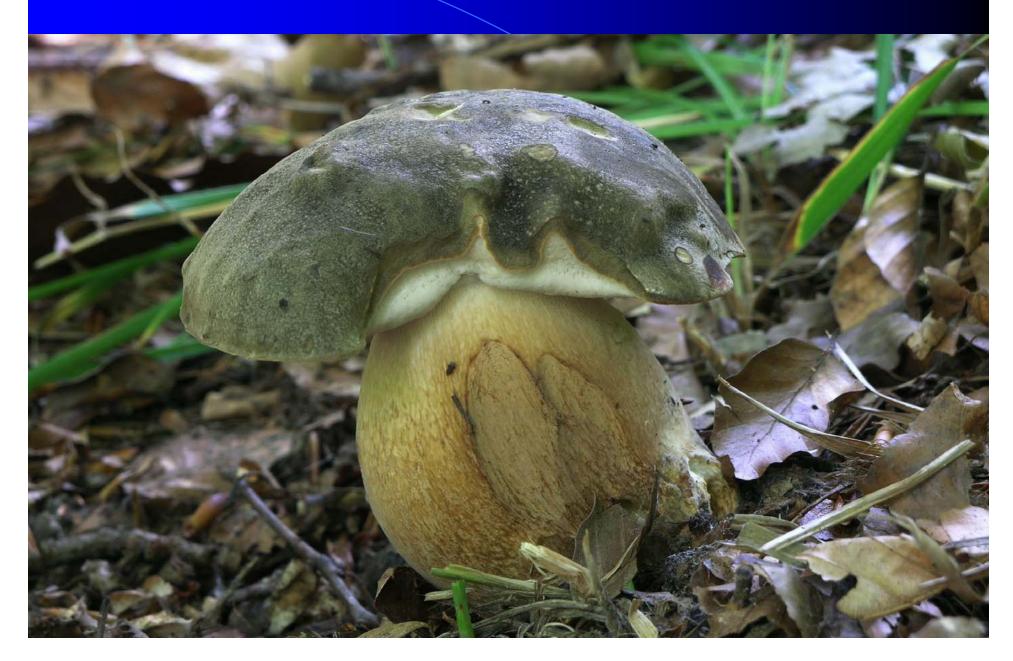
### Amanita caesarea VU - A2acd

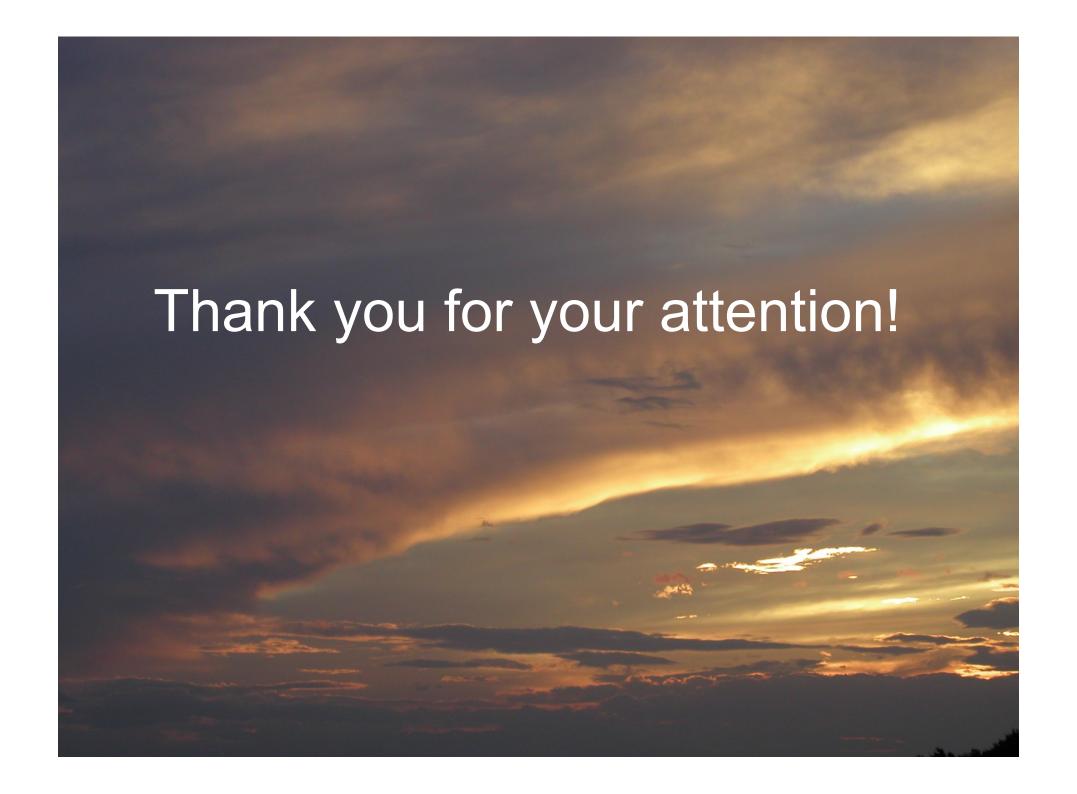


### Boletus reticulatus



### Boletus aereus : VU - A2acd





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### Mushrooms & truffles in Greece



Kalliopi Stara, Department of Biological Application and Technology, University of Ioannina, Greece

European non-wood forest products (NWFPs) network COST Action FP1203

Krakow Poland 20. - 21. February 2014

### The commonest edible species

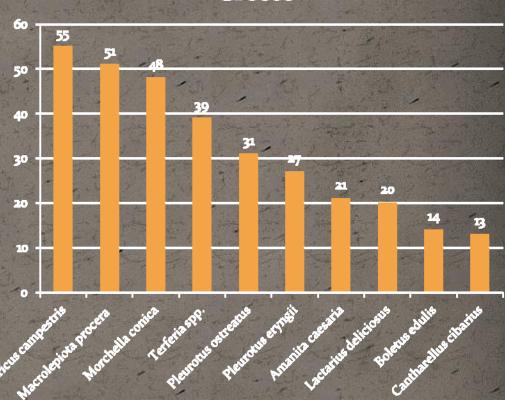
#### **Commonest edible species**

Amanita caesaria,
Agaricus campestris, Agaricus
arvensis,
Boletus edulis,
Pleurotus ostreatus (Diamantis
(1992)

#### Species with commercial interest

Boletus spp. (B. aereus, B. reticulatus, B. edulis)
Amanita caesaria
Cantharellus cibarius
Morchella spp. (Konstantinidis 2002)

### Mushroom local names diversity in Greece



Adapted from Keltemlidis 1993

# **Diversity**: Mushrooms:~2.000 species/truffles: ~40 species (Konstantinidis 2002, 2009).

#### Research

- Forest Research Institute: Forest pathology and entomolog
- http://www.fri.gr/index.php?option=com\_content&view=article&id=
- •University of Athens: Mycethotheca AUTHUM http://en.mycetotheca.biol.uoa.gr/
- •Mushroom clubs: http://www.manitari.gr/

#### Legislation: No national legislation.... but from 2011

- Mushrooms are included in Table of prices assessment about forest products
- •Regional forestry services release annual regulations for NWFP. About
- mushrooms: 2 (and rarely 3) kilos/day/person are allowed.
- •Permissions for Commercial use: e.g. 200 -1000 kilos for 2011
- •No species are mentioned with the exception of the Forestry service of loannina where the collection of all truffle species is not allowed without permission





### People, clubs, fashion

First mushroom club: 1998, today regional clubs in most Greece

Annual meetings and celebrations, mushroom hunting, public awareness events

#### BUT

Overharvesting eg Cantharellus cibarius

Forest fires and Morchella spp. ?

#### References

- Diamantis, S. 1992. The mushrooms of Greece. Ion, Athens [in Greek].
- Keltemlidis, D. 1993. Greek mushrooms and their local names. Folklore mycology.
   Psychalou editions [in Greek].
- Konstantinidis, G. 2009. Mushrooms. Collectors photo guide. Nonpaper.net, Grevena [in Greek].
- Konstantinidis, G. 2002. Mushrooms. A fairy mikrokosmos. KAPON, Athens [in Greek].

#### Acknowledgements

- Stefanos Diamantis, Forest Research Institute
- Vaggelis Fillis, Epirus mushroom club
- Evagellia Kapsanaki, University of Athens, Faculty of Ecology and Taxonomy
- Rigas Tsiakiris, Forestry Service of Ioannina

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#### Switzerland: Importance of forest mushrooms & trui

- ➤ Art. 699: All Swiss forests (public forests as well as private forests) are open to everybody. Everybody is allowed to pick mushrooms, berries, fruits.
- Mushrooms are the most popular NWFP's in Switzerland
- mostly private harvesting for self consumation
- > ca. 75% of the marketed wild mushrooms are imported (Poland, Latvia, Romania, ...)
- ➤ The 3 most important species harvested in Switzerland (estimated to represent 80% of the harvested mushrooms in Switzerland):



**Boletus edulis** 



Cantharellus cibarius



Tuber aestivum syn. uncinatum



#### Switzerland: Data availability / data quality

#### Data available:

- ➤ for the 3 most important species on market: 254-735 t/year
  - Boletus edulis → 7-22 mio Euro/year
  - Cantharellus cibarius
  - Morels
- > Other species :

Burgundy truffles no data, but increasing market

➤ Perennial mushrooms (decoration material) no data

#### **Data quality:**

- > no official statistics
- > rough estimations based on data of officonal musroom control offices, n= 60)



#### Switzerland: Basic data

#### **Boletus edulis, Cantharellus cibarius, and other edible species:**

- good knowledge on ecology
- > some knowledge on influence of forest management (e.g. effect of thinning)
- poor knowledge on economy & governance

#### **Tuber aestivum:**

- poor knowledge on ecolog new running research project in Switzerland on the ecology of the Burgundy truffle
- > no knowledge on forest management
- > no knowledge on economy & governance



# Switzerland: recommendations to amelioriate data quantity and quality

extrapolation of local mycological inventories (e.g. Fungus Reserve La Chanéaz) to the whole country, stratified according to

- forest type

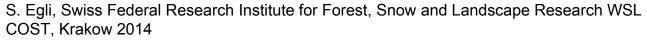
- tree species composition

-...

➤ extrapolation of official harvesting data of official mushroom control offices (n= 60)

➤ Public-opinion poll (only mushroom harvesters) on harvesting details (species, quantities, ...)





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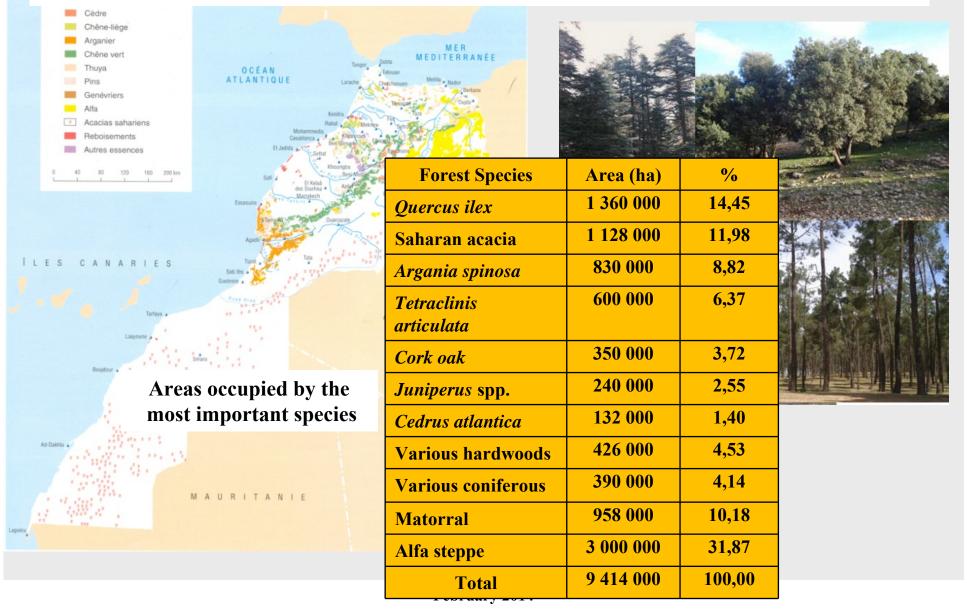


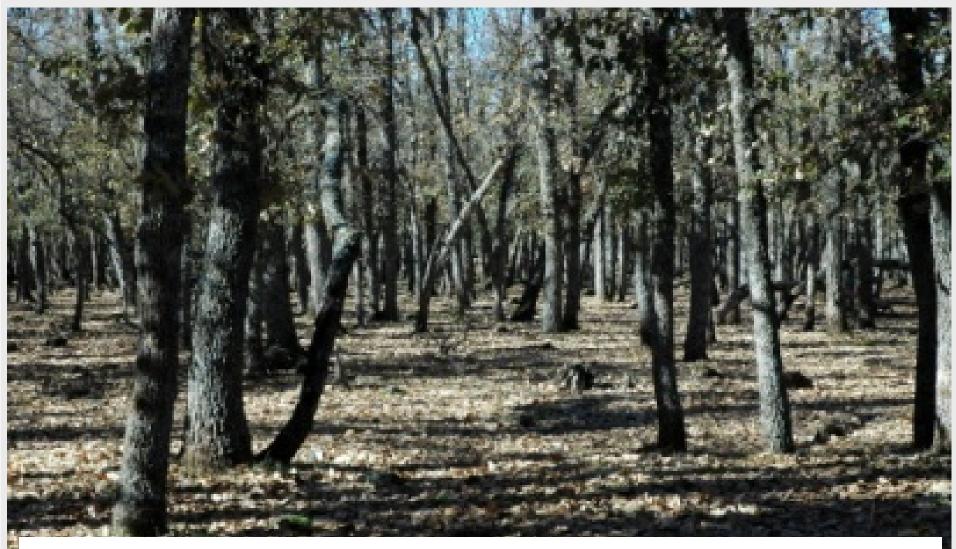
#### Moroccan Wild Edible Mushrooms

# Authors Abourouh M. Mounir F.

COST Action FP1203
European Non-Wood Forest Products (NWFPs) Network
2nd Workshop and 3rd Management Committee Meeting
20-21 February 2014
Krakow, Poland

Morocco is subject to a Mediterranean climate, with a rainy, cool or cold autumnwinter, followed by a long hot dry season (four months in the mountains and five to six months in the plains).





Fungi are an integrated component of forest ecosystems.

They play a vital role in the ecology of all natural habitats and are beneficial to them.

Genera and species number of higher fungi known in Morocco (Abourouh,

2011).

Genera	Species number	Genera	Species number
Agaricus	33	Mycena	68
Amanita	41	Morchella	03
Boletus	16	Peniophora	18
Clitocybe	32	Peziza	08
Collybia	16	Phellinus	09
Conocybe	23	Pholiota	11
Coprinus	38	Pleurotus	12
Cortinarius	107	Pluteus	17
Entoloma	32	Psathyrella	28
Hebeloma	16	Psilocybe	08
Helvella	12	Ramaria	10
Hygrocybe	16	Rhodocybe	10
Hygrophorus	14	Russula	110
Inocybe	58	Scleroderma	07
Lactarius	40	Suillus	05
Lepiota	21	Terfezia	10
Lepista	11	Tirmania	02
Lycoperdon	07	Tricholoma	32
Lyophyllum	10	Tomentella	18
Marasmius	15	Tuber	05
Melanoleuca	17	Xerocomus	07

High diversity of species: 973.

Fungal flora where almost all temperate and mediterranean climates represents about 42 genera.

Some species are endemic, others are common with European southern countries. Dominance, however, of drought-tolerant species.

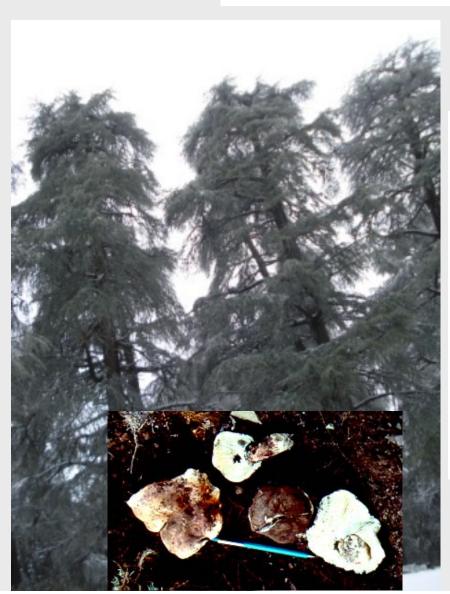
Most are inedible but some can be eaten [Wild Edible Fungi (WEF)].

#### Well known species occur in the genera:

	Epige	ous (mushroom and puffba	ills)
Family	Genus	Family	Genus
Amanitaceae	Amanita	Geastrac	eae Geastrum
	Amanitopsis	Gomphi	diceae Gomphidius
Astracaceae	Astraeus	Hydnace	eae Hydnum
Boletaceae	Boletus	Hygrphe	oraceae Hygrocybe
	Leccinum	( ) The state of t	Hygrophorus
	Suillus	Paxilla	ceae Paxillus
	Xerocomus	Pisolith	aceae Pisolithus
Cantharellaceae	Cantharellus	Rhodop	hyllaceae Clitopilus
	Craterellus	Russula	
Clavariaceae	Clavaria	Whatele Tarable	Russula
	Ramaria	Sclerode	ermaceae Scleroderma
Cortnariaceae	Cortinarius	Theleph	oraceae Corticium
	Descolea	112	Thelephora
	Hebeloma	Tricholo	omaceae Laccaria
	Inocybe		Tricholoma

	Family Genus	
	ranniy	Genus
	Boletaceae	Rhizopogon
la nilla illa rilla r la rla ni	Cortinariaceae	Hymenogaster
in rann ain ann run run in	Helvellaceae	Balsamia
	Hysterangiaceae	Hysterangium
1	Melanogastraceae	Melanogaster
	Strobilomycetaceae	Gautieria
1:-1:	Tuberaceae	Terfezia
		Tirmania
		Tuber

### Tricholoma caligatum (White matsutake)



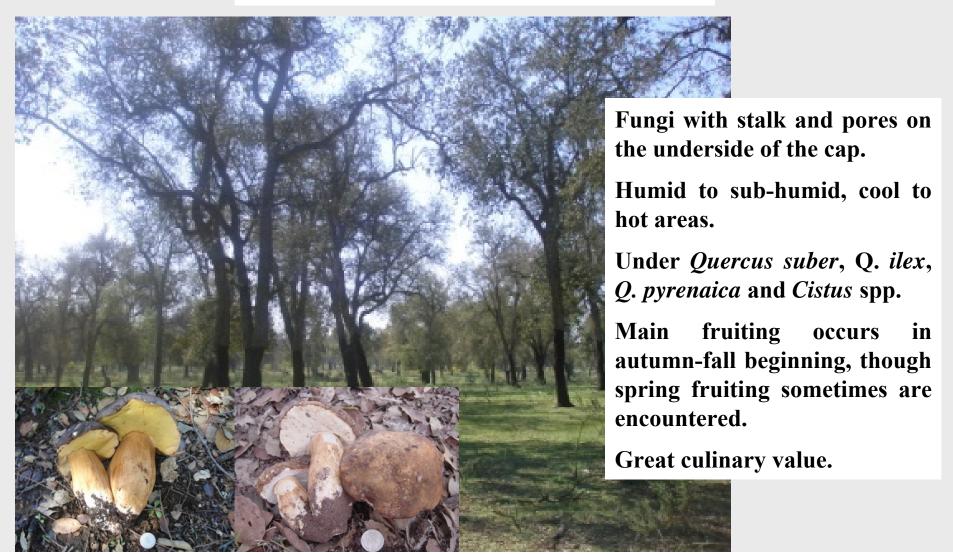
Robust mushroom, related to matsutake, strong odor, aromatic and sweet flavor; hard flesh, dense and white.

Abundant in the Rif region under *Cedrus* atlantica and *Pinus halepensis*, but commercial harvest is concentrated in the cedar forests (humid, cold winters).

Fruiting in September-November in cercles, some of which may contain tens of fruit-bodies.

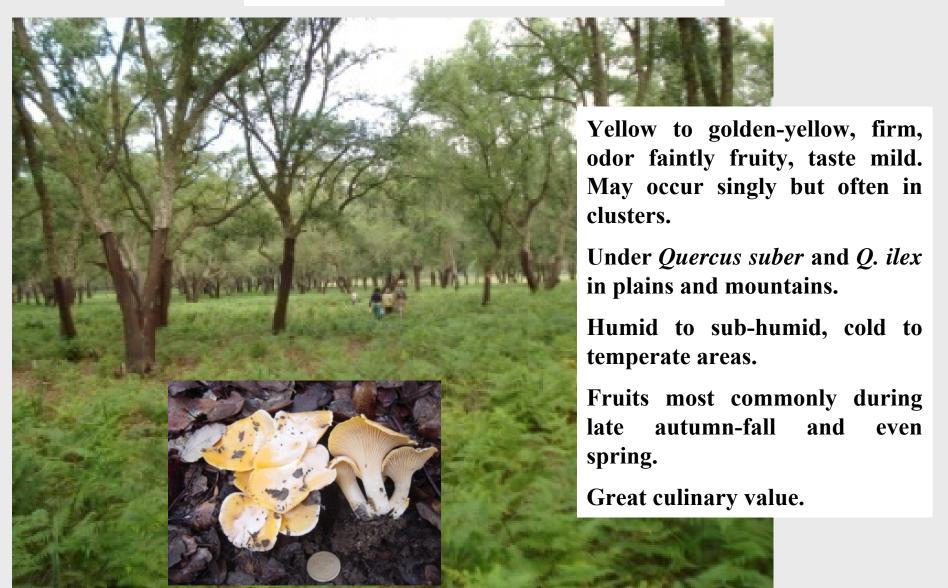
Great culinary value.

# Boletus Group (B. aereus and B. mamorensis) (ceps or boletes)



February 2014

### Cantharellus cibarius (Golden chanterelle)



### Morchella Group (M. conica and M. vulgaris)

Distinctive mushrooms with a network of ridges with pits between them.

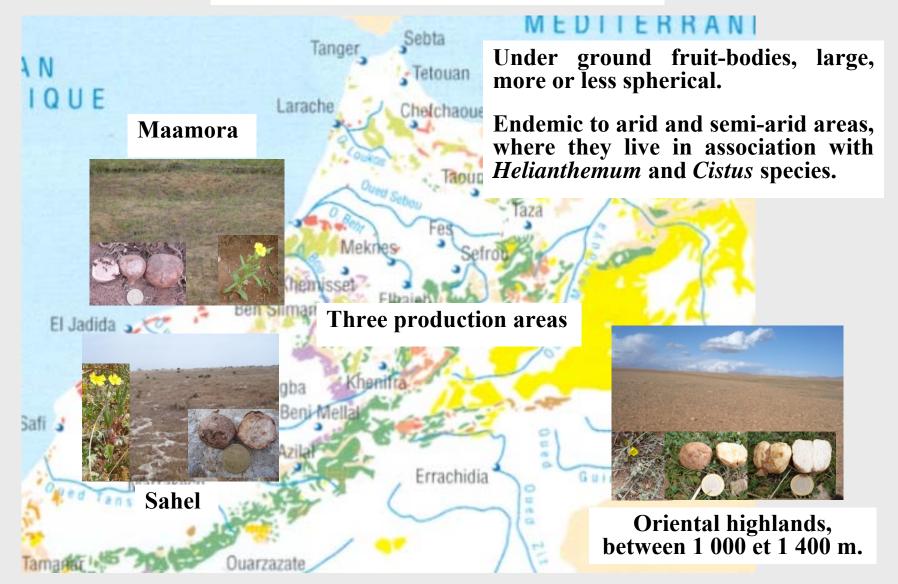
Under Cedrus atlantica and Quercus ilex.

Cold and humid areas.



February 2014

### Terfezia and Tirmania species (Desert Truffles)





### Pleurotus ostreatus; P. eryngii; P. ferulae (Oyster mushrooms)













Large greyish beige mushrooms with a round funnel-shaped hat.

Grow in clusters on:

- the trunk of cork-oak trees;
- on roots of *Eryngium* and *Ferula* species.

Humid, subhumid, semi-arid, arid and desert climates.

Automnal.

#### **Socio-economic aspects**





Estimates suggest that hundreds of kilos of fresh WEM are harvested and exported annually.

The producing areas are all located in rural poor regions and revenue generated by harvesting is a particularly important source of income for the population.

Statistical data are scarce, imprecise and dificult to verify; field investigations difficult.



White matsutake and Desert truffles are economically the most important.

Almost all the species are exported fresh or canned:

§ white matsutake to Japan (61 tons/year);

§ Boletes, Golden chanterelle and Morchella group (4 tons/year) to Europe and USA;

§ Desert truffles to the Meadle East (about 700 tons/year).

#### Is this resource sustainable?



Production of WEM has apparently declined in native ecosystems for a range of social and environmental reasons:

- overgrazing;
- clear-cutting;
- replacement with plantation crops (such as introduced pines and eucalypts);
- destructive manner when harvesting, as raking forest soil (desert truffle case).

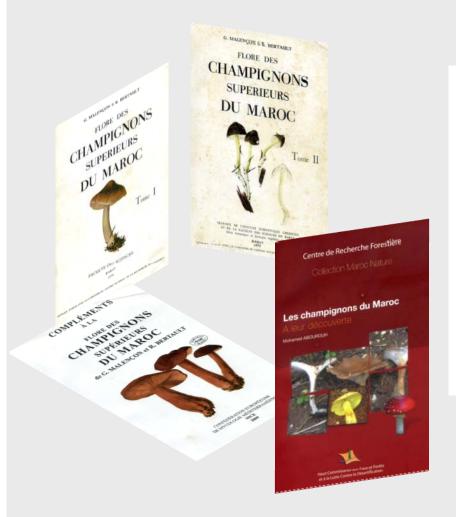
#### **Prospects**



In order to protect and increase supply of WEM, the following approaches must be adopted:

- conservation of existing WEM biotopes;
- extension of harvesting from the wild to nontraditional regions, via more investigation and people information;
- reforestation using inoculated seedlings with target WEM, specifically to produce fruit-bodies rather than timber;
- as perishable product, WEM require also marketing strategies;
- development of management approaches (as clearings and pruning, etc..) that will enhance or restore production in traditional harvesting areas.

#### Literature



- "Flore des champignons supérieurs du Maroc", by Malençon G. and Bartault R., published in two volumes, in 1970 and 1975.
- "Compléments à la Flore des champignons supérieurs du Maroc", in 2009 by the "Confédération Européenne de Mycologie Méditerranéenne".
- "Les champignons du Maroc: à leur découverte" by Abourouh M. in 2011.



February 2014



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**COST Action NWFP** 

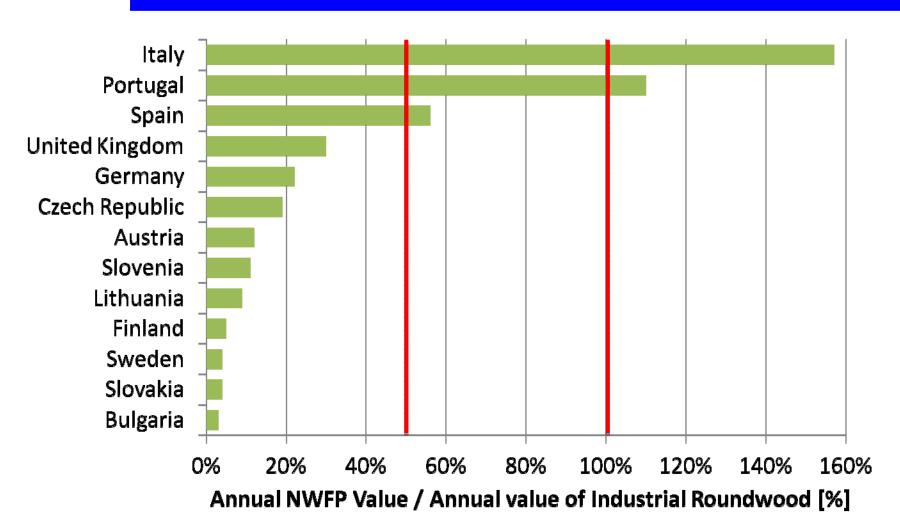
Krakow, 20-21.2.2014

# Wild mushroom economy in Italy

Davide Pettenella and Enrico Vidale Dip.TeSAF – University of Padova



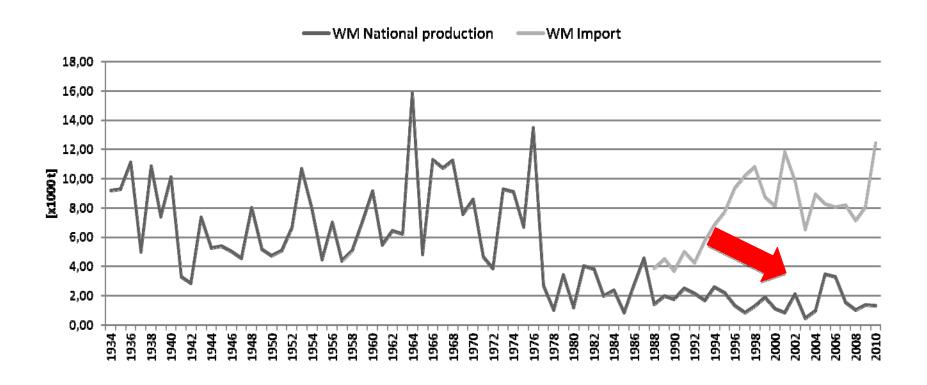
# EU NON-Wood Forest Prod: Are forest so poor?



Source: Forest Europe 2011, modif. (year 2007)

#### Italian wild mushroom market

### Let's see the effect of welfare change and demand of **new forest demand**



Source: ISTAT (2012), EuroSTAT (2012) modif.

# Italian WM market: Two segments

Wild Mushrooms (WM)

Mass market: ← import

-Local niche markets: mushroom picking as a recreational activity

An example for the mass market Dalla Valle company

# The case study in Finland: WEF as mass product

### Why Finland?

Merely due to some key aspects:

- •a key entrepreneur funded one of the largest WEF collecting system in EU → WEF price maker
- Logistic: 2 track day from the main market
- Large availability of the product

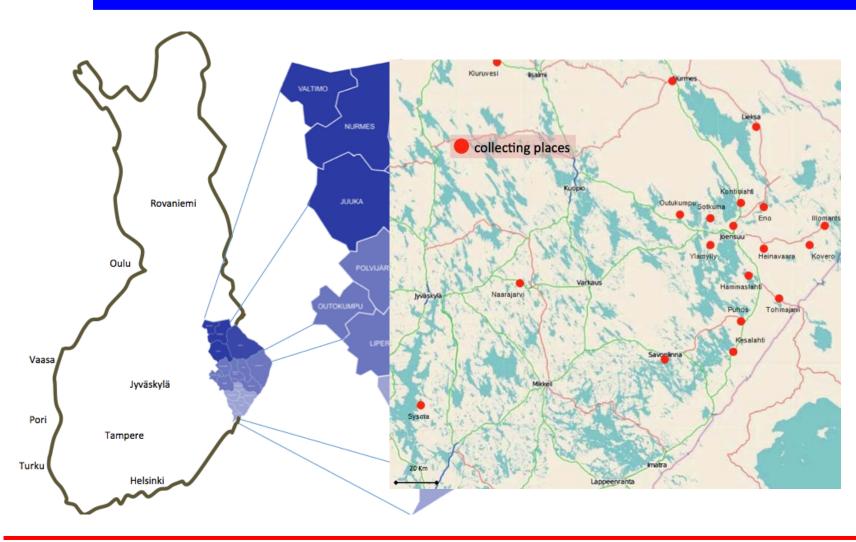
#### The context

- Wild mushroom → forest externalities (every man's rights –customary law)
- No harvest limits
- Zero fiscal pressure on the WM trade

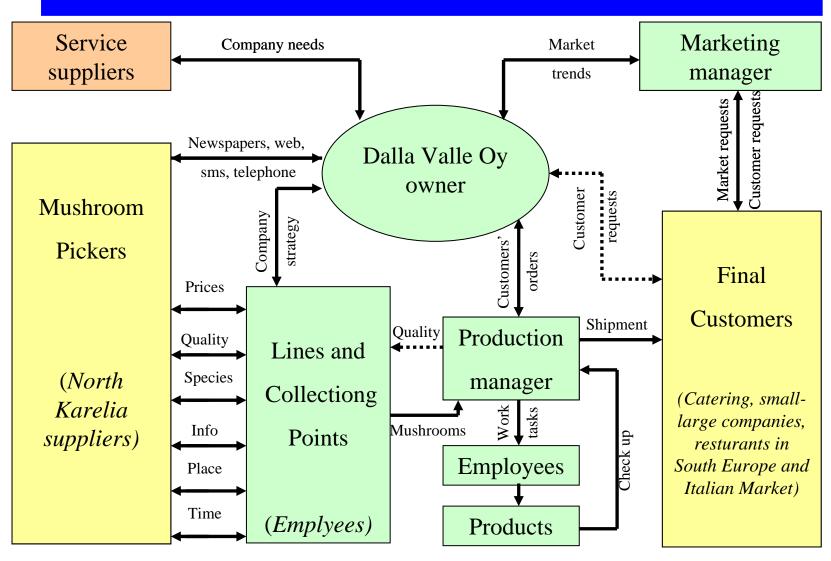
# The case study in Finland: Dalla Valle company

- Funded in the 1995
- Export oriented
- In the 1997 fresh and frozen
- In the 2003: 1/3 of the global fresh boletes in the world (1100 tons)
- 20,000 pickers

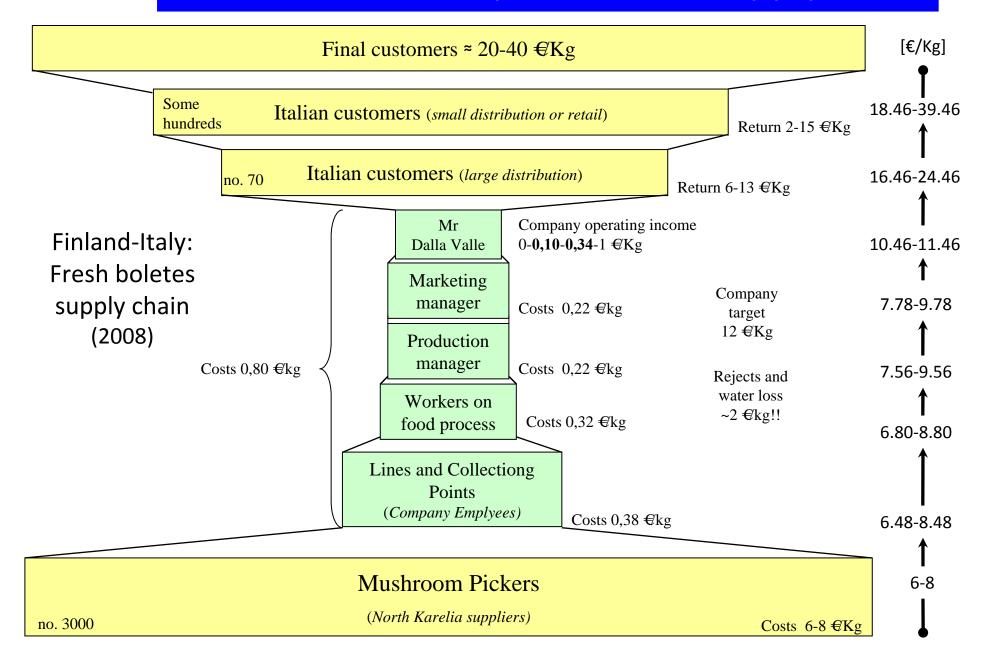
# The case study in Finland: Dalla Valle company



# The case study in Finland: How it works



### Case study in Finland: supply chain

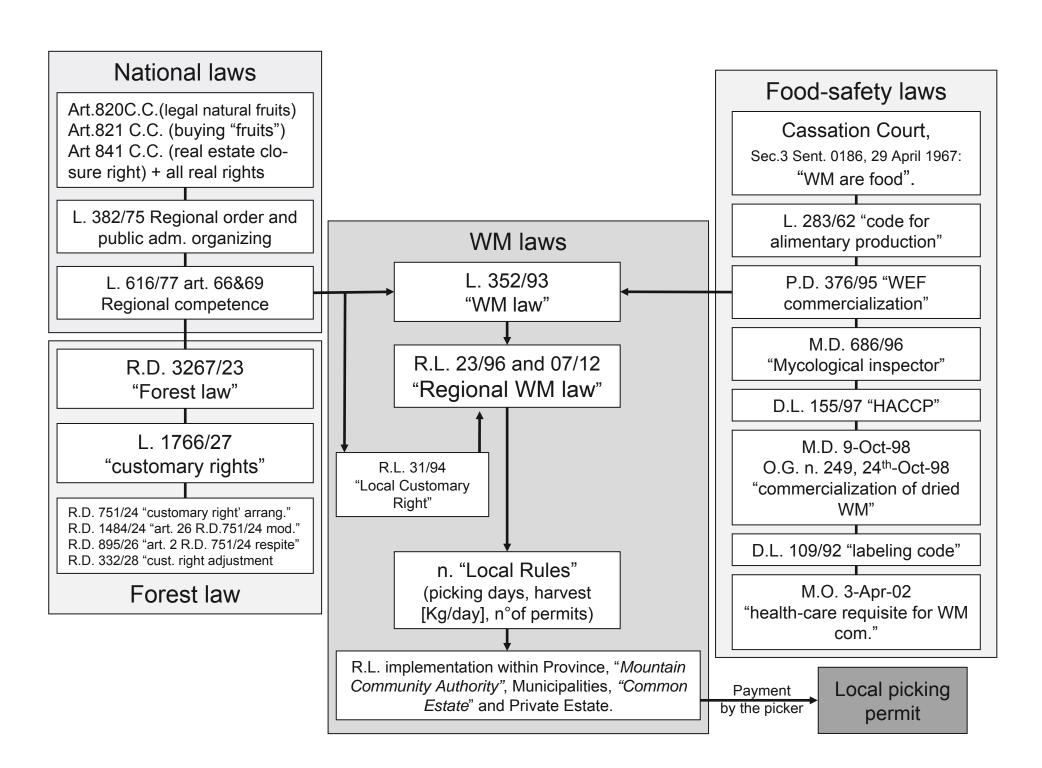


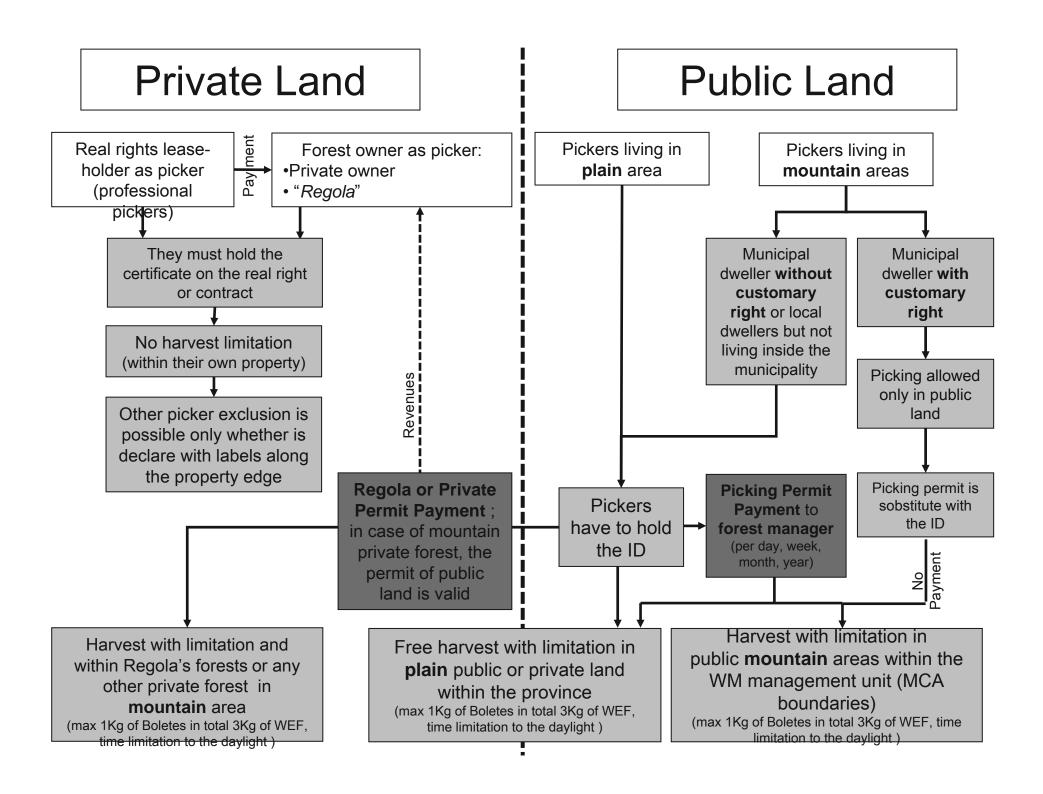
An example for the niche market The Vicenza (NE Italy) province

# Italian WM market: Two segments

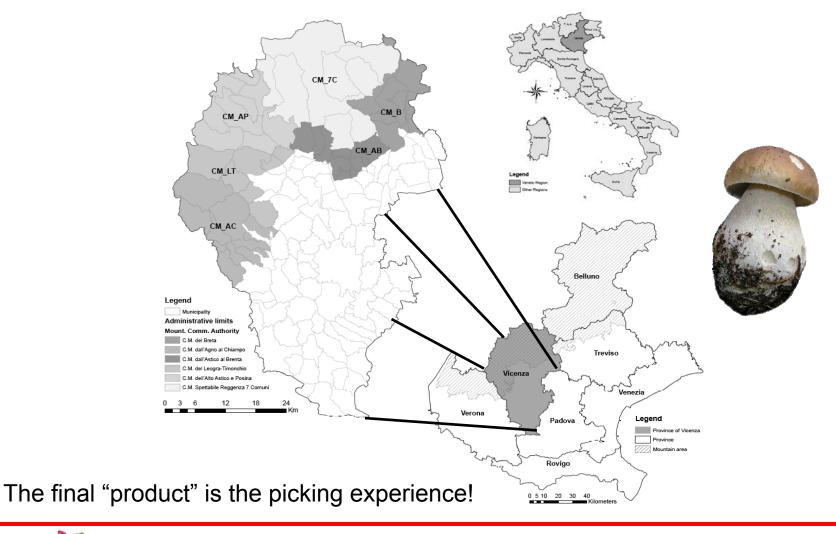
Wild Mushrooms (WM)

- Mass market: ← import
- Local niche markets: mushroom picking as a recreational activity
- ... problem of WM picking congestion! Policy maker had to regulate the sector ensure the resources





# Wild mushroom picking: The case study area

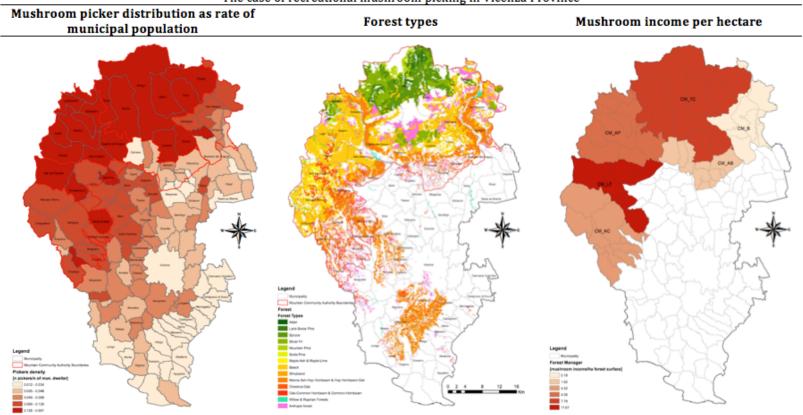


### Forest recreation in Veneto region: some data

- Approximately 80-120.000 recreational pickers
- ~70.000 recreational pickers in the Provice of Vicenza formally recorded

## Payment for WEF: results

The case of recreational mushroom picking in Vicenza Province

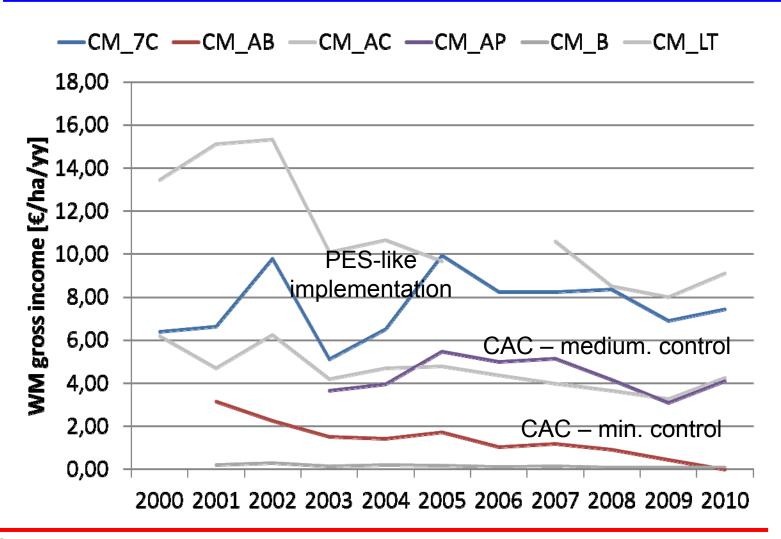


Note: Quantile distribution

Note: the majority of symbiotic mushroom (Boletus spp.) are produce in from green to dark yellow forest areas (coniferous and beech forests), while orange and other colour area generate mainly honey mushroom (Armillaria spp.)

Note: average mushroom income per hectare by forest managers (Mountain Community Authority). High values occur where silviculture practices consider wild mushroom (CM\_7C); outliers may occurs if we look at local uses (CM\_LT) where pickers collect honey mushroom (Armillaria spp.): a forest parasite.

# Forest recreation in Veneto region: three case studies in Vicenza prov.



# Payment for WEF: Concluding remarks

- If wild mushroom picking has to become a tool for local development, property rights regulation is only the initial step
- You need a system of control
- To be effective, the system of control has to involve the local population (special categories: hotel, B&B, land owners)
- And be part of a package of services provided to the tourist (information, drying equipment, car parks, alert systems, accompanying guides, ...)