

European Non-Wood Forest Products (NWFPs) Network

COST Action FP1203 MC/WG Meeting

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**The most important understory non-wood forest
product for Greece**

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Edible

- 1. Arbutus unedo*
- 2. Asparagus acutifolius*
- 3. Origanum vulgare*
- 4. Cornus mas*
- 5. Rubus spp.*



Arbutus unedo

- Uses: Edible, Medicinal, Ornamental
 - Collected (wild)/Cultivated
 - Greek common name: Koumaria
 - English common name: Strawberry tree
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- Unedo: from latin “unum edo”, eat one (only)
 - It grows mainly in the Mediterranean basin
 - Altitude: 20 to 1000 m
 - It is widely distributed in Greece



Asparagus acutifolius

- Uses: Edible
- Collected (wild)/Cultivated
- Greek common name:
Sparagi
- English common name:
Wild asparagus



- Acutifolius: from latin means “Thorny leaves”
- It grows mainly in the Mediterranean basin
- Altitude: 0 to 1300 m
- It is widely distributed in Greece

Origanum vulgare

- Uses: Edible, Medicinal
- Collected (wild)/Cultivated
- Greek common name:
Rigani
- English common name:
Oregano



- *Origanum vulgare* spp. hirtum

Cornus mas

- Uses: Edible, Medicinal
 - Collected (wild)/Cultivated
 - Greek common name: Krana
 - English common name: dogwood
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- It was known from the ancient years. The Trojan horse referred that was from its wood
 - It is widely distributed in Greece



Rubus spp.

- Uses: Edible, Medicinal
- Collected (wild)/Cultivated
- Greek common name:
Vatomoura
- English common name:
blackberries



- It was known from the ancient years in Greece for its medicinal uses and as ornamental in fences.
- It is widely distributed in Greece

Medicinal/Aromatic

1. *Thymus spp.*
2. *Origanum vulgare*
3. *Hypericum perforatum*
4. *Sideritis*
5. *Crateagus*

Thymus spp.

- Uses: Medicinal, Edible
- Collected (wild)/Cultivated
- Greek common name:
Thymari
- English common name:
Thyme



- It was known from the ancient years in Greece. Its name came from the verb “Thyo” sacrifice. The ancient Greeks, due to its strong smell, used it as incense on the altars during sacrificial rituals
- It is widely distributed in Greece

Hypericum perforatum

- Uses: Medicinal
- Collected (wild)/Cultivated
- Greek common name:
Spathochorto, Balsamo
- English common name:
Saint John's wort



- It was known from the ancient years in Greece for its medicinal uses.
- It is commonly prescribed for mild to moderate depression, especially in children
- It is widely distributed in Greece

Sideritis spp.

- Uses: Medicinal
- Collected (wild)/Cultivated
- Greek common name: Tsai tou vounou
- English common name: ironwort, mountain tea and shepherd's tea



Mainly in Greece the follow species: *Sideritis athoa* Pap. & Kokkini., *Sideritis clandestina* Chaub & Bory., *Sideritis scardica* G or seb., *Sideritis raeseri* Boiss & Heldr., *Sideritis syriaca* L. and *Sideritis euboea* Heldr.

Crateagus spp

- Uses: Medicinal
- Collected (wild)/Cultivated
- Greek common name: Krategos
- English common name: hawthorn, thornapple, May-tree, whitethorn, or hawberry



Its medicinal properties of have been utilized by many cultures for a variety of therapeutic purposes.

Forage

1. *Trifolium* spp.
2. *Dactylis glomerata*
3. *Quercus coccifera*
4. *Phillyrea latifolia*
5. *Medicago* spp.



Trifolium spp

- Uses: Forage/Medicinal
- Collected (wild)/Cultivated
- Greek common name: Trifili
- English common name: clover



This genus contains several important forage species. Some species have medicinal properties.

More than 100 species in Greece

Dactylis glomerata

- Uses: Forage
- Collected (wild)/Cultivated
- Greek common name: Dactylida
- English common name: Cocksfoot, Orchardgrass



It is one of the more important grasses worldwide.

Quercus coccifera

- Uses: Forage/fuel wood
- Collected (wild)
- Greek common name: Pournari, Prinos
- English common name: Kermes oak



The most important woody species in Greece.

Widely distributed

Phillyrea latifolia

- Uses: Forage/fuel wood
- Collected (wild)
- Greek common name: Filiki
- English common name: Green Olive Tree



Very common in Greece and the Mediterranean Region

Medicago spp

- Uses: Forage/edible
- Collected (wild)/Cultivated
- Greek common name: Midiki
- English common name: Alfaalfa, Medick,



Medicago sativa is the most important cultivated forage in Greece.

Annual medicks are very common in woodlands and rangelands

Ornamental

- 1. Ilex aquifolium*
- 2. Sanquisorba minor*
- 3. Briza media*
- 4. Lonicera caprifolium*



Ilex aquifolium

- Uses: ornamental
- Collected (wild)/Cultivated
- Greek common name:
Arkoudopournaro
- English common name:
Christmas holly



Decorative product for Christmas.

Sanquisorba minor

- Uses:
Ornamental/restoration
- Collected (wild)/Cultivated
- Greek common name:
Sanguisorba
- English common name:
Salad burnet, Garden burnet



It is also edible and used as an ingredient in salads.

Briza media

- Uses: Ornamental/forage
- Collected (wild)
- Greek common name: Skoularikia, Briza
- English common name: Quaking-grass, Doddering Dillies



Used also dried for decorations

Lonicera caprifolium

- Uses: Ornamental/forage
- Collected (wild)/cultivated
- Greek common name: *lonicera aigofilos*
- English common name: goat-leaf honeysuckle, Italian honeysuckle



NWFP Thank you!



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